

The following are words used in expressions showing that somebody feels angry or very nervous. With the help of a dictionary, find out the complete expressions and arrange them in groups in a way which might contribute to the understanding and/or retrieval of the new language:

huff temper fuse outburst handle roof



POST-READING WATCHING ACTIVITY: Listening for specific information. Visit the website suggested below and look for a Video clip on “Anger Management in Seven Steps”: www.videojug.com

As you listen to the anger management expert, complete the chart:

STEPS	EXPLANATION OF THE STEP	ADVANTAGES OF FOLLOWING THIS STEP	RELEVANT LEXIS YOU CONSIDER USEFUL
1			
2			
3			
4			
5			
6			
7			